

## Health Care Coverage When You Are Traveling or Living Abroad

As a BlueChoice HealthPlan member, you take your health care benefits with you when you are abroad. Through the Blue Cross Blue Shield Global Core program, you have access to doctors and hospitals around the world.

### To take advantage of the program:

- Always carry your current member ID card.
- Before you travel, contact BlueChoice® for coverage details. Coverage outside the United States may be different.
- If you need to locate a doctor or hospital, call the Service Center for Blue Cross Blue Shield Global Core. An assistance coordinator, in conjunction with a medical professional, will arrange a physician appointment or hospitalization if necessary.
- If you need inpatient care, call the Service Center to arrange direct billing. In most cases, you should not need to pay upfront for inpatient care except for the out-of-pocket expenses (noncovered services, deductible, copayment and coinsurance) you normally pay. The hospital should submit the claim on your behalf.
- In addition to contacting the Service Center, call BlueChoice for precertification or preauthorization. Refer to the phone number on the back of your member ID card. **Note:** This number is different from the phone number listed here.

For outpatient and doctor care or inpatient care not arranged through the Service Center, you may need to pay upfront. Complete a Blue Cross Blue Shield Global Core International claim form and send it with the bill(s) to the Service Center (the address is on the form). You can also submit your claim online. The claim form is available online at [www.bcbsglobalcore.com](http://www.bcbsglobalcore.com).

In an emergency, go directly to the nearest hospital.

Focus on life. Focus on health. *Stay focused.*



BlueChoice HealthPlan is an independent licensee of the Blue Cross and Blue Shield Association.



**TheBlueCard®**  
Now, Home Is Where The Card Is®

### To learn more about Blue Cross Blue Shield Global Core:

- Visit [www.bcbsglobalcore.com](http://www.bcbsglobalcore.com).
- Call BlueChoice at the number listed on your member ID card.
- Call the Service Center at 800-810-2583 or collect at 804-673-1177, 24 hours a day, seven days a week.

The Blue Cross Blue Shield Global Core program was formerly known as BlueCard Worldwide®.

Blue Cross, Blue Shield, the Blue Cross and Blue Shield symbols, BlueCard, BlueCard Worldwide, and Blue Cross Blue Shield Global are trademarks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield companies.